

N.ANANTHARAMAKRISHNAN

DCTech, AMIIE, MMP, MBA (HR), MSc (Psych.)

**Business cum Management Consultant &
Applied Psychologist**

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Profile

OBJECTIVE: An accomplished professional having Multi Disciplinary functions of 37 Years experience in Safety, Operations, Management and Applied Psychology to achieve Desired / Required GOAL. To be a Successful and Competent executer in a Business organization/ Enterprises / Protect the Family Business / Psychotherapy / Counseling by expertise in Consultant services in line with Business Philosophy and Identity of Business / Individuals and Team performance.

Professional Summary in brief: Professional experience of 37 years in Public and Private Corporate Sectors.

- **Professional Experience in Safety, Operations, Projects, Process, HR & Management.**
- Engineer cum Management Professional having over all experience of 37 years.
- 26 years with Madras Refineries Limited / Chennai Petroleum Corporation, Chennai
- 11 years with Nagarjuna Oil Corporation Limited., Cuddalore, (Private Corporate Organization). Last worked as
- **Assistant General Manager, NOCL(Safety, Operations, Projects & Process).**
- 4 months with Qatar Fuel, Waqood, QATAR from Dec, 2006 to Mar, 2007(4 Months).
- **Applied Psychologist for the period of 17 years.** After having MSc (Psych), in the year 2001, also practicing as an “Applied Psychologist” along with the above professional career.. Over all Experience 26+11 = 37 years.

Management Expertise

- Safety Management
- Product Distribution and Operations Management
- Project Management / Execution / Development
- Construction Management
- Men Management / Human resource management
- Problem Identification /Trouble shooting/Resolution
- Client Needs Assessment /Management Strategies
- Conflict resolution / Change Management
- Family Business sustainability

Training and Guidance given to more than 500 Engineers /Professionals at CPCL & NOCL on the above Technical and Management Subjects

- **Class Room Training & Professional Charge tests**
- **DCS training, Operations, Emergency handling, start up and Shutdown**
- **On line training , Project Execution & Commissioning**
- **Safety Training**
- **Training on Technical report preparing**

Management Reports and Study on Management during professional career.

- **Trend Analysis of Paraffin wax for Tamil Nadu for CPCL, Chennai - 1989**
- **Designing Quality System Procedure (QSP) in line with ISO 9000 for Fluidized Catalytic Cracking Unit, CPCL, Chennai – 1995**
- **Supervisory Manpower Study for CPCL – 1996**
- **Stress Analysis for ‘Shift Employee’ in CPCL – 2003**
- **Petroleum Products (Petrol, Diesel, Aviation Turbine Fuel & Kerosene) sales and projection, Qatar Fuel, Waqood, Qatar – 2007**
- **Technical and Assessment Reports – 450 Reports for various equipments with coordination of Chemical, Mechanical, Electrical, Civil, Instrument engineers.**
- **‘Emergency Preparedness Plan’ for NOCL – 2011**
- **Strategic management plan - 2018**
- **‘Psychological Safety’ for Industries – 2018**

Business and Management: Important Seminars & Conferences Participated recently....

- **India 2018 – Learning to Grow, Annual Convention on 17th Feb, 2018 by Madras Management Association (MMA)**
- **Seminar on ‘Managerial Excellence’ on 12th Jul, 2018 by MMA**
- **Functional Governance for a New India on 12th Sep,2018 by IIMs, KONARD & MMA**
- **‘The Future of Finance’ on 13th Nov,2018 by MMA,CMIA &KONARD**
- **‘Business Mediation Summit’ on 12th Dec, 2018, by NITI Aayog, NUJS & MMA**
- **‘Building a Leadership Pipeline’ on 29th Jan,2019 by University of Madras & MMA**
- **National Conclave on ‘National Security Perspective’ on 5th Feb, 2019 by MMA,IIM**

Psychology Expertise

- **Positive Psychology / Intervention / Motivation**
 - **Personal Counseling / Marriage Counseling**
 - **Depression treatment by CBT & Psychotherapy**
 - **Anxiety /ADHD/ IPV/ MIND Conditioning Rinse out**
 - **Stress Management – Stress relieving**
 - **Industrial & Organizational Psychology & Family Business Sustainability**

- Child Education – Motivation / Improvement
- Sports Psychology

Psychology / Educational write up/ Articles sent through ‘Social media’

- Tips for young Engineers and Professionals – 2018
- Awareness about Mental Health on Mental Health Day - 2018
- Awareness and welcome Hon’ble Madras High Court Order regarding Scraping ‘Negative Mark System’ in competitive tests - 2019
- Psychological Harassment – awareness – 2019

Psychologists Conference / Seminar/ Educational Updating Study attended recently.....

- Professional Presence Academics and Researchers on line APA Webinars on 25th July, 2018 by American Psychological Association (APA), USA
- Professional Presence Practitioners on 27th Jul, 2018 by APA, USA
- “Positive Psychological Intervention in Counseling” CE Course completed on 28th Sep, 2018 by American Psychological Association, Education Directorate, USA
- Virtual conference Keynote – Putting Psychology to work on 30th Oct, 2018 by APA
- “Complementary and Alternative Medicine CE course completed on 27th Dec, 2018 by American Psychological Association, Education Directorate, USA
- “Introduction to Cognitive Behaviour Therapy” MOOC Course completed in 2018, offered by European Psychiatric Association (EPA), EPA Secretary for Education
- Essence of Cognitive Behaviour Therapy (CBT) Workshop on 9th Nov, 2018 by University of Madras
- International Conference on “Challenges of Workplace Counseling” towards EAP from 1st Mar, 2019 to 3rd Mar, 2019 by University of Madras.

Living Values Guide & Inspiration

- Respected Swamiji A. Parthasarathy and Sunandaji of Vedanta Academy – Lectures

Membership / Affiliations

- Member, Indian Institution of Industrial Engineering, Mumbai, India
- Member in Madras Management Association, Chennai, India
- Life Member in Psychologists Association, Tirupati, Andhrapradesh, India
- International Affiliate Member of American Psychological Association, USA
- Member in International Applied Psychologists Association, USA

Extra Curricular activities: Sports - Cricket, Hockey, Chess, Athletics, Tennis

Education:

- **MBA (HR) - Master of Business Administration (Specialization Human Resource management) in the year 1998 - 2001 IGNOU, New Delhi.**

Under the guidance / Inspiration of Dr.Selvam PhD, , Anna University, S.Renganathan, BE, ME, MBA, CPCL, K.E. Krishnamurthy, BE(Mech), ME(Ind.Engg.), Excecutive secretary, Madras Productivity Council, Chennai.

- **MSc (Psych) - Master of Science (Psychology), in the year 1997 – 2000 - Sri Venkateswara University, Tirupati, Andhrapradesh, India. Specialization in Developmental Psychology, Industrial & Organizational Psychology**

Under the Guidance / Inspiration of Prof. Basavanna, PhD, Prof. Ramamurthy, PhD, Ex. Vice Chancellor of Andhra University, Dr. B. Govinda Reddy, PhD, Prof. Jamuna, PhD & Dr. BabuRao, PhD.

- **PGD(Coun&Psy ther) - PG Diploma in Counseling & Psychotherapy, SDS Institute of Behavioural Science, Chennai, in the year 2003. Under the guidance of Dr.T.Santhanam, PhD.**

- **AMIIE - Graduate in Industrial Engineering, 1991 -1995, Indian Institution of Industrial Engineering, Mumbai, India.**

Under the guidance / Inspiration of Srikumar, BE, ME, S.Renganathan, BE, ME, MBA, Sadasiva Chetty, Ex. GM, CPCL & , S.Renganathan, BE, ME, MBA, CPCL.

- **MMP - Master of Management & Productivity, 1989 – 1992, Madras Productivity Council, Chennai. Specialization in Marketing, Production & Materials Management.**

Under the guidance / Inspiration of S. Ramalingam, Ex. CMD of CPCL, K.E. Krishnamurthy, BE(Mech), M.E(Indl.Engg.), MPC, .P. Srinivasan, CPCL, Subramaniyan, B.E, MBA.

- **DCTech - Diploma in Chemical Technology, Institute of Chemical Technology, Adyar, Chennai, India 1976-1979.**

Under the guidance / Inspiration of R.Varadharajan, then Principal, ICT & Ex. Director of Technical Education, Tamilnadu, Prof. S.V.Raman, PhD, ICT, R. Thambusamy, MTech (Chem), ICT, and A.Rajendran, MTech(Chem), ICT.

- **Specialization Courses in Psychology and Management (updating knowledge)**

Psychology Courses Specialization:

- 1) **Positive Psychological Intervention in Counseling – American Psychological Association, (APA), USA, in the year 2018**
- 2) **Cognitive Behaviour Therapy – European Psychiatric Association (EPA), UK in the year 2018**
- 3) **Complementary and Alternative Medicine – American Psychological Association, (APA), USA in the year 2018**

