COVER LETTER

FROM:

DR.K.EZHILBHARATHY, BNYS.,

Email: [kezhil1997@gmail.com](mailto:kezhil1997@gmail.com)

1/17 c. Kothangudi Street,

Chidambaram, 608001.

Cuddalore (DT).

Mobile no: 7708579049

TO:

HR

Respected sir/madam;

Iam Dr.K.Ezhilbharathy completed Bachelor of naturopathy and yogic science would like to apply for a suitable post in your esteemed organization. This is a very interesting opportunity for me and I feel that my educational background and string clinical experience will make me a very suitable candidate. My detailed CV has been attached here. Kindly do the needful.

Thanking you

Sincerely

Dr.K.Ezhilbharathy

PERSONAL PROFILE

NAME: Dr.K.Ezhilbharathy

EMAIL: kezhil1997@gmail.com

CONTACT NUMBER: 7708579049

DATE OF BIRTH: 30.03.1997

SEX: Female

MARITAL STATUS: Single

LANGUAGE KNOWN: English, Tamil

NATIONALITY: Indian

FATHER`S NAME: S.Kesavan, M.E

PERMANENT ADDRESS: 1/17 C.Kothangudi,

Chidambaram,

Cuddalore district,

Pin – 608001.

ACADEMIC PROFILE:

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| --- | --- | --- | --- |
| COURSE | INSTITUTION | YEAR | PERCENT |
| BNYS | Govt. Yoga and naturopathy medical college& hospital | 2014-2021 | 57.53% |
| HSC | Venus MHSS, Chidambaram | 2014 | 74.25% |
| SSLC | Kurinji MHSS, Namakkal | 2012 | 85% |

QUALIFICATION:

* Bachelor of Naturopathy and Yogic Science

From Dr.TNMGR Medical University

(Degree certificate expected within few days)

College: Govt. yoga and naturopathy medical college & hospital, Arumbakkam, Chennai-106

WORK EXPERIENCE:

* One year clinical experience in govt. Yoga and naturopathy medical college & hospital, Chennai(From February 2020- February 2021)

ROTATORY INTERNSHIP:

|  |  |  |
| --- | --- | --- |
| Internee | Govt. Yoga & naturopathy medical college & hospital, Arumbakkam, Chennai-106 | 1month |
| Internee  (covid19 duty) | * Rajah muthiah medical college, hospital, Chidambaram * Govt. Kamarajar hospital, Chidambaram * Golden jubilee covid19care centre, Chidambaram | 8month |
| Internee | Govt. Yoga and naturopathy medical college& hospital, Arumbakkam, Chennai -106 | 3months |

KEY SHILLS:

* Efficient in teaching different yogic techniques-asana, pranayama, mudra, Banda, meditation.
* Efficient experience to perform massage and ability to give training
* Gained knowledge in the field of reflexology, acupuncture, Meridian massage
* Specialized to manage lifestyle disorders, to provide proper lifestyle modification
* Prescribing diet chart for lifestyle disorders

RESPONSIBILITIES HANDLED AS AN INTERNEE:

* Assisting the patients
* Diagnosing the diseases as per the symptoms
* Observing and performing the examination of patient
* Teaching therapeutic yoga for patient as well as public
* Physiotherapy, electrotherapy, hydrotherapy, mud therapy, chromo therapy and acupuncture
* Fasting and diet therapy for patient with different conditions

AREA OF INTEREST:

* In field of yoga
* Consultation
* Diet therapy
* Acupuncture
* Acupressure
* Reflexology
* Massage
* Counselling

PROJECTS:

* Submitted dissertation on Management of gastro oesophageal reflux disease through yoga and naturopathy based on the studies conducted on GYNMCH during Internship.

CONFERENCES:

* Participated in WORLD`S 1ST SYMPOSIUM “Role of meditation in prevention & treatment of cardiovascular disease” held on 9th-10th March2019 at AIIMS, Rishikesh

STRENGTHS:

* Good public relation skills
* Polite
* Easily adaptable
* Good in team work

DECLARATION:

* I Ezhilbharathy.K Hereby declare that above mentioned information are true to my knowledge