**CURRICULAM VITAE**

****

**TANVEER FATIMA**

**H.No. 10-5-231, First lancer road,**

**Lane opp quadriya masjid, Masab tank,**

**Hyderabad- 5000028. Mobile No: +91-8978622102**

 **Email: tanveerfatima07@gmail.com**

**OBJECTIVE:-**

Highly passionate and achievement oriented NUTRITION LECTURER looking forward to use my experience and relative skills in a progressive work environment focused on providing better worth and service.

 To provide the best service, by hard work & team work in an organization rendering competitive environment and challenging task. To work with a dynamic & result oriented challenging atmosphere, which provides me challenging career & opportunity for learning & growth.

**CORE QUALIFICATION:-**

* Good command over many subjects of PG, engaging classes to UG and PG students.
* Guiding master’s students in successful completion of their project work as part of their academic work.
* Guiding PG students in formulating product using less known ingredients.
* Guides students to build their career.
* Actively participates in departmental activities.
* Has done mass communication course during the year 2008-2009 as part of academic schedule of undergraduate study.

**Work experience**

 Worked as quality consultant at vdiec global connect Pvt.ltd.

* Worked as Temporary Faculty in Nutrition dept. at MADINA DEGREE college, Himayat Nagar, Hyderabad from 1st Feb 2019 to 11 june 2019.
* Worked as Asst. Professor at Anwarul uloom Degree & PG college, New Mallepally, Hyderabad from June 10th 2016 to January 1st 2019.
* Worked as “Nutritionist” at labelle body care Pvt.Ltd for 7 months from March 2013 to September 2013.
* Worked as “Nutritionist” at life slimming and cosmetic clinic for 8 months from Nov 5th 2013 to July 5th 2014.
* Have done 45 Days internship at Star hospitals, Banjara Hills from 22nd July 2015 to 5th September 2015.

**PROFESSIONAL QUALIFICATION:-**

* **Masters in Nutrition and Dietetics** from **Anwarul Uloom College** affiliated to **Osmania University**, New Mallepally, Hyderabad 1st Division with Distiction in 2016.

**PROJECT WORK:-**

Thesis Work On “Awareness of Calcium Among Geriatrics And Development Of Calcium Rich Granola Bars”.(2015-2016).

**research publications:-**

1. Tanveer Fatima, Dr. Meena Patangay **“A Study on Awareness of Calcium Among Geriatrics and Development of High Calcium Granola Bar”** International Journal for Research in Applied Science & Engineering Technology (IJRASET).Volume 5 Issue V,May 2017 ISSN: 2321-9653.
2. Rafath Begum, Tanveer Fatima **“A Study To Evaluate The Incidence Of Malnutrition Among Pre-Schooler And School Going Children And To Create Awareness On Importance Of Balanced Diet”.** Kaav International Journal Of Science, Engineering & Technology. KIJSET /JUL-SEP (2017)/VOL-4/ISS-3/A8 PAGE NO.38-49 ISSN: 2348-5477.
3. Dr. Meena Patangay, Humera Shafein, Syeda Fareesa, Tanveer Fatima **“A Study On Prevalance Of Diabetes In Hyderabad”. Kaav International Journal Of Science, Engineering & Technology.** KIJSET /JUL-SEP (2017)/VOL-4/ISS-3/A17 PAGE NO.92-102 ISSN: 2348-5477.
4. Syeda Rimsha Khundmiri, Tanveer Fatima **“A Study On The Impact Of Night Shifts On The Dietary Habits And Lifestyle Of Working People”.** Kaav International Journal Of Science, Engineering & Technology. KIJSET/JUL-SEP (2017)/VOL-4/ISS-3/A18 PAGE NO.103-111 ISSN: 2348-5477.
5. Mutayyaba Fatima, Tanveer Fatima, Sana Nikhat **“Prevention and Awareness of Diet in Diabetes Conducted In Hyderabad”** International Journal for Research in Applied Science & Engineering Technology (IJRASET) ISSN: 2321-9653.
6. Ms. Amreen Fatima, Ms. Tanveer Fatima, Ms. S.Sameera Taranum Mahmoodi **“Study On Awareness Of Snacking Behaviour Among Adolescents (7-18 Years) And Their Association With Skipping Meals”.** International journal for advance research in science and engineering (IJARSE), volume 06, issue 10. October 2017.ISSN 2319-8354.
7. Meena Kumari, Asma Nafeesa, Sangha mithra, Tanveer Fatima **“Dietary Patterns of Adolescent Girls in Urban Hyderabad, India - A Cross-Sectional Study .”** International Journal for Research in Applied Science & Engineering Technology (IJRASET). Volume 6 Issue III, March 2018 ISSN: 2321-9653

Farheen, Zoya Nureen, Tanveer Fatima **“A Study on Dietary Habits on College Students and to Create Awareness on Dietary Pattern among Adolescents.”**International Journal for Research in Applied Science & Engineering Technology (IJRASET). Volume 6 Issue III, March 2018- ISSN: 2321-9653.

1. Asma Akhtar, Dr.Meena patangay ,Tanveer Fatima , Afreen Fatima, Batool Fatima **“A Study On Dietary Habits Among Adolescents And To Create Awareness On Balanced Diet.”**Volume 6, Issue 1 March 2018 | ISSN: 2320-2882.
2. Madhavi, Tanveer Fatima, Rahila rawoof **“Study On Relationship Between Home Food Environment And Weight Status Among Children And Adolescents(6-17yrs).”** Two Day On Ease Of Doing Business In India(Trends In Skill Development, Technological Innovation R & D)- Anwarul Uloom College February 23-24, 2018 ISBN:978-93-85101-12-0.
3. Tabasum unnisa, Tanveer Fatima **“A Study On Complications Of Diabetes Mellitus And Its Management Measures”** International Journal of Current Research Vol. 10, Issue, 04, pp.68421-68426, April, 2018 ISSN: 0975-833X.
4. Rafia Sultana and Tanveer Fatima **“A Study on Vegetarian Diet – Dealing With the Efficiency and Deficiency of It”** International Journal Of Pure And Applied Biosciences Int*. J. Pure App. Biosci.* **6 (2):** 987-994 (2018) ISSN: 2320 – 7051.DOI: http://dx.doi.org/10.18782/2320-7051.6495
5. Shazmeen Abdul Karim and Tanveer Fatima“**Study on Food Trends Influence Consumers Purchasing Pattern and the Association with Dietary Intake and Body Mass Index”** International Journal Of Pure And Applied Biosciences *Int. J. Pure App. Biosci.* **6 (2):** 1094-1101 (2018) ISSN: 2320 – 7051 DOI: http://dx.doi.org/10.18782/2320-7051.6496.
6. Yasmeen Nazia and Tanveer Fatima **“Exploring the Association between Energy Dense Food Consumption, Physical Activity, and Sleep Duration and BMI in Adolescents”** Int. J. Pure App. Biosci. **6 (2):** 1022-1031 (2018) ISSN: 2320 – 7051 DOI: http://dx.doi.org/10.18782/2320-7051.6498
7. Syeda Amtul Lateef and Tanveer Fatima **“A Study on Cost Effective and Economical Healthy Foods”** International Journal Of Pure And Applied Biosciences *Int. J. Pure App. Biosci.* **6 (2):** 1042-1051 (2018) ISSN: 2320 – 7051

 DOI: http://dx.doi.org/10.18782/2320-7051.6501

1. Shaik Tehaseen and Tanveer Fatima **“A Study On Importance Of Breast Feeding Over Formula Feeding Among Infants”** *International Journal of Recent Scientific Research* Research *Vol. 9, Issue, 5(D), pp. 26700-26704, May, 2018* ISSN: 0976-3031.
2. Ayesha Siddiqua, Tanveer Fatima **“Study and Awareness on Over Weight and Non over Weight Behaviors among Adolescents”** International Journal for Research in Applied Science & Engineering Technology (IJRASET). Volume 6 Issue VI, June 2018 ISSN: 2321-9653
3. Mehboob Unissa Rafath and Tanveer Fatima **“A Study On Ubiqutousness And Awareness Of Barley Health Benefits For All Perdurable Health Issues”** *Asian Journal Of Science And Technology vol.9, issue 07,page no-8461-8466* july *2018* ISSN:0976-3376.

**paper presentations:-**

1. Tanveer Fatima, Dr. Meena Patangay **“A Study on Awareness of Calcium Among Geriatrics and Development of High Calcium Granola Bar”.**11th International conference on recent trends in engineering, science and management. ISBN: 978-86171-72-6.
2. Rafath Begum, Tanveer Fatima **“A Study To Evaluate The Incidence Of Malnutrition Among Pre-Schooler And School Going Children And To Create Awareness On Importance Of Balanced Diet”.** 11th International conference on recent trends in engineering, science and management. ISBN: 978-86171-72-6.
3. Ms. Amreen Fatima, Ms. Tanveer Fatima, Ms. S.Sameera Taranum Mahmoodi **“Study On Awareness Of Snacking Behaviour Among Adolescents (7-18 Years) And Their Association With Skipping Meals”.** 11th International conference on recent trends in engineering, science and management. ISBN: 978-86171-72-6.

**Academic PROFILE:-**

* **B.Sc** (Applied Nutrition and Dietetics) from **St. Ann’s** degree college for Women Mehdipatnam (2007-2010) and cleared with **1st Division**.
* **Intermediate B.Pc** from **Sultan-ul-uloom Junior College** Banjara hills (2005-2007) and cleared with 1st division.
* **S.S.C** from **Tulasi High School** (2004-2005) and cleared with 1st division.

**COMPUTER skills:-**

DIPLOMA IN MS OFFICE

diploma in ms excel

**PERSONAL STRENGTHS:-**

* Able to work independently and efficiently and be part of a team to accomplish goals
* Adept in written communication and able to express clearly.
* Honest, sincere & hardworking
* Can accomplish the given goal
* Good knowledge about subject.
* Have the ability to motivate others.
* Dedicated

**PERSONAL ACHIEVEMENTS: -**

* **Published** many research papers in various peer review international journals and **presented** the same at international conference.
* Participated in many workshops and poster presentations and won the awards in almost every event.
* Participated as a delegate in one day conference on **“Cancer-Battle For Betterment”** on 30th oct 2014 at Madina degree college.
* Participated in the two day workshop on **“Clinical Nutrition And Diet Counseling Techniques”** held on 12th & 13th nov 2015 at St. Ann’s college for women.
* Attended 4th **Dietitian Academia** meet held at University College for Women on 1st feb 2017.
* Participated in the national symposium on **“Food Safety Challenges In Nutrition Transition”.** Held at University College for Women, koti hyd on august 26, 2017.
* Attended a day long teacher training workshop on **“Contemporary Trends in English Language Teaching and Learning”** held on March 14, 2017 at Anwarul Uloom College.
* Participated in a day-long seminar on **“Contemporary Relevance Of English Literature & Identifying Soft Skills In Literary Text”** held on 20th January 2018 at Anwarul Uloom College.
* Participated in a one day workshop- “**Promoting food safety”** held on 14th February 2018 at St. Ann’s college for women.
* Participated in the regional conference conducted as a part of golden jubilee celebrations of nutrition society of India by Madina Degree and P.G College for Women, held on 19th September 2018.
* Participated as delegate in symposium on “**Power Of Grains”** Organized on 3rd November 2018 at Hotel NMK Grand, Somajiguda, Hyderabad.
* Participated in the 50th annual international conference of Nutrition Society of India. Pre-conference workshop on **“Sports Nutrition”** held on 15th November 2018 at ICMR-National Institute of Nutrition, Hyderabad.
* Participated in the 50th annual international conference of nutrition society of India held on 15-17 November 2018 at ICMR-National Institute of Nutrition, Hyderabad.

**PERSONAL PROFILE:-**

NAME : **TANVEER FATIMA**

Father Name : Mohammad Roshan

**Husband Name. : Abdul Subhan Afrose**

Date of Birth : 26th June 1990

Gender : Female

Marital Status : Married

Religion : Islam

Nationality : Indian

Languages Known. : English, Hindi, Telugu, Urdu

Permanent Address : H. No. 10-5-231, lane opp quadriya masjid .

 First lancer road, Masab tank,

Hyderabad- 500028.

 Telangana **(India)**

**Declaration :**

I hereby declare that all the above information is true and correct to the best of my knowledge and ability.

Place: Hyderabad

Date:

 (TANVEER FATIMA)