

RESUME

Dr. JAINESH KUMAR (B.P.T), Physiotherapist

OBJECTIVE:

To be associated with a progressive organization which can provide me a dynamic work sphere to extract my inherent skills as a professional and moreover use and develop my aptitude to further the organization's objective and also attain my career targets in the progress.

Seeking a challenging and rewarding position as per my expertise.

PROFESSIONAL STRENGTH :

- Excellent command over written and oral communication.
- Ability to build good relationships with patients from diverse backgrounds.
- Sensitive, tractful, tolerant and Patience.
- Possess excellent problem solving and practical skills.
- Broad knowledge of new technologies and medical equipment.
- Extensive knowledge of the techniques of improving body movements, restoring mobility and strengthening muscles.
- Knowledge of hydrotherapy, electrotherapy and exercise therapy.

RESPONSIBILITIES INCLUDED:

- Planning and coordination of learning activities in the department.
- Worked in quality project work.
- Attending workshops and seminars on self study reports.
- Treating and helping patients recover from accident, illness or injury.
- Evaluation of treatment of orthopedic and neurological cases.
- Assigned the tasks of planning and implementing individual intervention in collaboration with the patient by using graded exercise.
- Evaluation of treatment of orthopedic cases.
- Handled the responsibilities of monitoring and evaluating treatment to measure the progress and ensure effectiveness of the intervention.
- Performed the tasks of going for rounds with the concerned consultant and gaining referrals.
- Performed various treatments for patients.

CLINICAL RESPONSIBILITIES:

1. Demonstration of therapeutic exercise and modalities on patients for different intervention.
2. To undertake an assessment of patients, using clinical reasoning skills and manual assessment techniques to provide a physiotherapy diagnosis of their conditions.
3. Discussion of patient care, patient progress and involvement in discharge planning.
4. To motivate and encourage patients in an active approach to regaining and maintaining independence. This requires empathy, sensitivity and good interpersonal skills.
5. Communicating with patients of all ages who have a range of physical and psychological barriers to understanding.
6. To attain competencies for the safe use of all equipment and techniques before use.
7. To be responsible for maintaining accurate and comprehensive patient treatment records as a log book.

CONFERENCE AND WORKSHOPS:

- DR. KM ANNAMALAI'S workshop on clinical kinesiology in shoulder complex and foot on 15th and 16th October 2016 at geetanjali college of physiotherapy, Udaipur.
- Workshop on basic dry needling and PENS on 16th and 17th January 2019 at geetanjali college of physiotherapy, Udaipur.
- Workshop on muscle energy techniques on 18th January 2019 at geetanjali college of physiotherapy, Udaipur.
- DR. MGM International physicon 2019 on 19th and 20th January 2019 at geetanjali college of physiotherapy, Udaipur.

TRAINING AND INTERNSHIP:

Compulsory rotating internship at geetanjali medical college and hospital Udaipur from 14 October 2020 to 15 April 2021 in which I was posted in cardiology, neurology and neurosurgery, general medicine and general surgery, orthopedics, pediatrics and pediatric surgery, obstetrics and gynecology, physiotherapy OPD, sports medicine and rehabilitation, nephrology and urology departments and specialized practical classes are running.

PROFESSIONAL QUALIFICATION :

B.P.T	Passed in 1st class from Geetanjali college of Physiotherapy affiliated to Geetanjali university. Sept 2015 - Aug 2020
INTERNSHIP	Had undergone training in Geetanjali medical College and hospital Udaipur. Oct 2020 - April 2021.

PRE - PROFESSIONAL EDUCATION:

HIGHER SECONDARY	Passed in 1st class from C.B.S.E (S.R INTERNATIONAL ACADEMY, NADBAI) 2014.
HIGH SCHOOL	Passed in 1st class from C.B.S.E (KAMLA MONTESSORI, SIRSA) 2011.

MERITS:

A dissertation on comparative study of total knee replacement (TKR) was submitted and presented during the bachelor's program.

FIELDS OF SPECIAL INTEREST:

Musculoskeletal and sports rehabilitation.

CLINICAL EXPERIENCE:

Attended patients of orthopedic and neurological disorders.

PERSONAL PROFILE :-

DOB	31 JANUARY 1995
GENDER	MALE
LANGUAGE	HINDI, ENGLISH
MARITAL STATUS	SINGLE
ADDRESS	WARD NO 14' LAL BASTI BAYANA BHARATPUR (RAJ) 321401
NATIONALITY	INDIAN
EMAIL	Jaineshkumar2@gmail.com

Dr. Jainesh kumar (PT)
B.P.T
7976413026

REFERENCE -

DR. PALLAV BHATNAGAR
HEAD OF DEPARTMENT AT GEETANJALI COLLEGE OF PHYSIOTHERAPY,
UDAIPUR(RAJ). **CONTACT NO :- 9828705700**

DECLARATION -

I, hereby declare that whatever furnished above is true and correct to the best of my knowledge and belief.

Date :

Dr. JAINESH KUMAR