



## **ANOOFARSHAN. P. P**

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### **HEAD NURSE**

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**Passport No :** K5218546

*Specialized in emergency nursing and to further developing excellent patient care skills and clinical knowledge! Presently I am working as critical care nurse in Intensive Coronary Care Unit at Aster Mims Hospital Calicut. I have 2 years and 10 months of experience as staff nurse in ICCU after my Post BSC Nursing (15/07/2016 to 24/05/2019 and continuing) and staff nurse trainee from (02/07/2012 to 02/07/2013).*

### **PROFILE**

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- Certified Critical Care Nurse with 3 years and 10 months of hospital nursing experience in Intensive Coronary Care Unit (ICCU) Aster MIMS, Calicut, Kerala
- Consistently commended for delivering patient-centred, quality critical care.
- Dedicated member of multidisciplinary healthcare teams known for excellent clinical skills; ability to remain calm under pressure; and strengths in making swift, correct decisions in emergency situations.

### **CURRENT WORK EXPERIENCE**

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#### **ASTER MALABAR INSTITUTE OF MEDICAL SCIENCES LTD, (MIMS) CALICUT, KERALA, INDIA**

Currently working with Aster Malabar Institute of Medical Sciences Ltd, Calicut, Kerala. India(MIMS) is a NABH & ISO accredited 650-bed super- specialty hospital It is governed by a Board of Directors and managed by a team of highly qualified professionals is established with the aim to offer advanced medical treatment of international standards at affordable rates.

**Range of Service** : Intensive Coronary Care Unit (ICCU)

**Designation** : **Staff Nurse Trainee** (02/07/2012 to 02/07/2013)  
(1-year experience after that 2-year Post BSC studied)

**Staff Nurse** (15/07/2016 to 31/05/2017)

**Head Nurse** (01/06/2017 to Present)

**Total Period of Employment** : **Four years' experience and still continuing**

### **DUTIES AND RESPONSIBILITIES**

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- Providing care to the patients with all cardiac medical emergencies in ICU.
- Performing basic nursing procedures like assessment of the patients, preparing for surgery, coronary angiogram, Cath study, FFR, IVUS, PTCA, PTA, TPI, PPI, AICD, PTMC, EP study + RFA, Device closure.
- Well versed with medical devices like Ventilators, Invasive & non-invasive monitoring systems, 12-lead ECG, Defibrillators, Pacemakers, Syringe pumps & Infusion pumps, IABP.

- Emergency management.
- Computerization of patients' data.
- Assessing physical and psychosocial needs of the patient.
- Monitoring fluid and electrolyte balance.
- Administration of blood and blood products.
- ABG analysis.
- Arterial BP, CVP, PAP, handling and monitoring.
- Psychological support of patient and family.
- Ensuring smooth functioning of the designated work.
- I.V canulation.
- Folly's catheterization.
- Ryle's tube insertion.
- Cardiopulmonary Resuscitation.

## ACADEMIC QUALIFICATIONS

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- **Post BSC Nursing**  
Nightingale College of Nursing (2013 – 2015)
- **Diploma in General Nursing & Midwifery**  
Mims School of Nursing Calicut (2007-2012)
- **Plus Two (Science)**  
Board of Higher Examination, Kerala (2007)
- **SSLC**  
Board Public Examinations, Kerala (2005)

## CERTIFICATIONS & REGISTRATION

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- Registered Member in Kerala Nurse and Midwives Council Post BSC Nursing and GNM Nursing
- **BLS** – Basic Life Support
- **ACLS** – Adult Cardiac Life Support conducted by AHA & MIMS Academy  
Indo American Emergency Medicine CME

## SKILLS

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- Can work proficiently with cardiothoracic surgeon and cardiologist
- Skilled in doing routine nursing care as providing updates to the doctor, keeping the patient comfortable
- Can do Blood gas analysis and monitor lung sounds like Abnormal lung sound, Flail chest, and Pneumothorax
- Can work in cardiac wings in hospitals, cardiac care units, intensive care units, and in operating rooms easily
- Can assist in cardiac catheterization lab, diagnostic test, stress test, and other tests
- Sound knowledge of latest technological advances in medical field
- Well trained in the use of the medical equipment's for providing critical medical care
- Knowledge of medical documentation and medical records
- Intense knowledge of critical care and general nursing care practice
- Ability to diagnose and provide the pharmacologic treatment on the health related issues
- Ability to do multi-tasking and function independently

- Effective organizational skills and managerial skills
- Ability to design the treatment plan for the patient according to the need
- Strong interpersonal skills

## LANGUAGES

**ENGLISH** (FLUENT), **HINDI** (FLUENT). **MALAYALAM** (NATIVE)

## PERSONAL QUALITIES

ADAPTABILITY

LEADERSHIP

WILLINGNESS TO LEARN

## PERSONAL PROFILE

Father's Name : ABBAS P P  
Date of Birth : 02 / June / 1989  
Gender : Male  
Marital Status : Married  
Religion : Muslim  
Height : 160 cm  
Weight : 60 kg  
BMI : 23.4

## PASSPORT DETAILS

Passport Number : K5218546  
Date of Issue : 17/07/2012  
Date of Expiry : 16/07/2022  
Place of Issue : Kozhikode

## REFERENCES

- **Dr. SHAFEEQ MATTUMMAL**, MBBS, MD, DM, FESC(EU), FSCAI, FACC(USA), HOD & Senior Consultant Cardiologist , Aster Malabar Institute of Medical Sciences Ltd, Calicut, Kerala, India  
Mobile No:- +91 9947667762
- **Dr. SALMAN SALAHUDDIN**, MBBS, MD, DM, MRCP (UK), Consultant Cardiologist, Aster Malabar Institute of Medical Sciences Ltd, Calicut, Kerala, India  
Mobile No:- +91 9961553414
- **Mrs. SHEELAMMA T.J**, Chief Nursing Officer, Aster Malabar Institute of Medical Sciences Ltd, Calicut, Kerala, India  
Mobile No:- +91 9847705555

## DECLARATION

I hereby declare that the above given information is true to the best of my knowledge and belief and is supported by relevant certificates / documents

Place: KOZHIKODE  
Date: 01.08.2019

ANOOFARSHAN P P