#### BIODATA

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Name : **HARIKRISHNA.M.P**

Address : Mambillil House

Cheenikuzhy P.O

Thodupuzha, Idukki

Kerala, PIN-685595

Mobile : +91-8606330217

E-mail : harikrishnamp3395@gmail.com

Passport No :

PROFFESIONAL EXPERIENCE

2018 Nov. 14th to Present; (**As Ayurveda Therapist)**

**XANDARI PEARL BEACH RESORT, MARARIKKULAM, ALAPPUZHA**

**(Property by THE MUTHOOT GROUP)**

2018 July 1st to 2018 Nov. 12th; **(As Ayurveda Therapist)**

**PRANA AYUR HERITAGE, ALAPUZHA**

2018 Feb. to 2018 Jul.; **(As Ayurveda Therapist)**

**DHANWANTHARI AYURVEDA HOSPITAL, THODUPUZHA**

ACADEMIC QUALIFICATIONS

* **Diploma in Ayurveda Panchakarma (CASE)**
  + Dhanwanthari Ayurveda Hospital, Thodupuzha
* **DIGREE (BCA)**
  + St. Joseph Academy Higher Education Research Centre, Moolamattam
* **PLUS TWO**
  + NSS Higher Secondary School, Manakkadu
* **SSLC**
  + St. George High School, Udumbannoor

KEY SKILLS

* Well trained in Ayurveda Treatments i.e.,
* Therapeutic Abhyangam (Single & Synchronised), Rejuvenation Massage, Types of Shirodhara, Pizhichil, Types of Sarvangadharas, Types of Vastis, Vamanam, Types of Kizhi, Nasyam, Karnapooranam, Tharpanam, Sirovasthi, Siropichu, Thalam, Thalapothichil, Udhwarthanam, Etc...
* Aroma Therapy (Western)
* Swidish massage (western)
* Handling all types of Guests
* Basic awareness on Ayurveda Medicines
* Handling Pharmacy Stock & Medicines
* Team Co-Ordination/ Leading the Department as Captain
* Knowledge of use of Microsoft Word, Excel & Outlook; and Typing.
* POS Billing in IDSNEXT Software

LINGUISTIC ABILITIES

Speak : English, Malayalam, Tamil

Write : English, Malayalam, Hindi

Read : English, Malayalam, Hindi

OTHER PERSONAL DETAILS

1) Father Name : M R Pushpan

1) Date of birth : 03-03-1995

2) Age : 24yrs

3) Birth place : Thodupuzha

4) Gender : Male

5) Marital Status : Unmarried

6) Religion : Hindu

7) Nationality : Indian

6) Blood group : **O+ve**

7) Height : 174 cm

8) Weight : 68 kg

PERSONAL STRENGTH

* Problem solving abilities.
* Ability to deal with people diplomatically.
* Self-confident.
* Quick Learning.

PROFFESSIONAL REFERENCES

1. Dr.Rafeek Jabbar

Ayurveda Doctor

Xandari Pearl Beach Resort

Mararikkulam, Alleppey

Ph.: 09544495500

1. Dr.Molliyamma Joseph

Former Senior Ayurveda Doctor

Erandia Marari Ayurveda Beach Resort

Omanappuzha, Alleppey

Ph.: 07558013750

DECLARATION

I hereby certify that the information provided above is accurate and recent to the date indicated below.

Date : 29/01/2020 **HARIKRISHNA.M.P**

Place : Alleppey, Kerala